

**Report to:** Health Overview & Scrutiny Panel  
**Date:** 9 June 2011  
**Report by:** Robert Watt  
**Presented by:** Robert Watt  
**Subject:** Adult Social Care update on key areas

**1. Purpose of the Report**

1.1 To brief the Health Overview and Scrutiny Panel on recent developments in adult social care since the previous report 3 March 2011.

**2. Recommendations**

2.1 That the Health Overview and Scrutiny Panel notes the content of this report

**3. Update on Key Areas**

**3.1 Commissioning Strategies**

**3.1.1 Carers Strategy**

The joint PCC & NHS 4 year carers' strategy will be launched at a special drop in event during Carer's week on 3 June at the Holiday Inn, Portsmouth. A strategy management structure has been agreed and following the launch we will start to allocate work stream leads to develop detailed plans for the forthcoming year and identify monitoring and outcome measures.

The strategy's 11 priorities are:

1. Identifying and including carers
2. Caring & support training
3. Information, advice & advocacy
4. Carers shaping policy and services
5. Peer & community support
6. Breaks
7. Access to work and training
8. Access to benefits
9. Crisis support
10. Access to health & wellbeing services
11. Support for children & young people who are carers

An important part of the new structure will be the introduction of an independently supported Carer's Council, which will be a forum for consultation on key action points of the strategy, including the review of the existing in-house carers centre and services. Carer's representatives will also sit on the Carers' Strategy Executive Board.

We are currently in the process of asking carer-led organisations to quote for the provision of management and support to the Carers' Council.

Up to date information on the strategy can be found at: <http://www.portsmouth.gov.uk/yourcouncil/17300.html>

### 3.1.2 Autism Strategy

At the beginning of 2010 the Government published the Autism Act (2009) for adults and in April 2010 the Government published "Rewarding and Fulfilling Lives" the strategy associated with the Act with statutory guidance for implementation published in December 2010. NHS and Local Authorities responsibilities lie in four key areas, that of transition services for young people, developing a diagnosis pathway, training and awareness and leadership and planning. The Integrated Commissioning Unit (ICU) have set up a board in Portsmouth to implement the strategy and also work with a pan-Hampshire Board to make sure approaches are aligned in different areas.

The DH has recently published a self-assessment framework to measure progress in implementing "Rewarding and Fulfilling lives". The ICU undertook the self assessment and is progressing well in areas where there is a statutory responsibility. A strategic group will design a workforce development strategy and aim to make more effective use of resources, sharing e-learning toolkits and other tools. Training for some teams in the hospital emergency department, adult learning disability and mental health services has already been commissioned. Work on developing a diagnosis pathway is underway and NHS Solent Trust is developing an assessment team for Portsmouth. Discussions are taking place between adult and children's services about developing a whole life local strategy to help improve the experience of people with an autistic spectrum condition and their carers in the transition between children and adults services. This activity is overseen by the Portsmouth Autism Board, chaired by Dr Paul Edmondson-Jones and comprising senior managers in health and social care, people with an autistic spectrum conditions and family carers.

### 3.1.3 Dementia Strategy

Work on the dementia strategy continues to progress well, with action towards meeting local objectives underway. Southampton, Hampshire, Isle of Wight and Portsmouth Primary Care Trusts and Councils have been collaborating on the creation of common standards for the acute hospitals. These standards focus on raising the communication, education and training of staff to improve the patient and family carer experience at the difficult times of a hospital admission. The plan is for the inclusion of these standards within the quality elements of the acute hospital contracts in 2012/13. Locally work has focused around peer networks, carers support and further work defining the pathway. The required dementia action plan was approved and published on the PCT website as required in the NHS Framework. Further work is taking place to identify ways in which dementia friendly communities can be promoted across the city.

On the 9 June the NHS Institute for Innovation and Improvement will be launching the dementia call to action focusing on the reduction of prescribing anti-psychotic drugs. Portsmouth has been heavily involved in this work and the majority of recommended actions are already well underway.

An event to promote awareness of dementia and support services available is due to take place on Monday 4 July. The event is being co-ordinated by the Alzheimer's Society and receiving support from health and social care.

### 3.2 Portsmouth Rehabilitation and Re-ablement Team (PRRT)

PRRT is an integrated health and social care service jointly provided by Solent East Health Care and Portsmouth City Council Adult Social Care which came into being on the 28 February 2011. The service is based at the Turner Centre, St James's Hospital.

The integrated services are the Independent Living Service (PCC), Community Rehabilitation Service (PCC) and Victory Intermediate Care Beds (PCC) with the Rapid Response Service (Solent), Intermediate Care Occupational Therapy and Physiotherapy Services (Solent) and Rembrandt Intermediate Care Beds (Solent).

Integration has provided a staffing complement of Rehabilitation and Re-ablement Assistants, Nurses, Occupational Therapists, Physiotherapists and Social Workers who work as a multidisciplinary intermediate care team to support the service user. The service is provided for up to a maximum of 6 weeks and is non-chargeable.

The overall aim of the new service is to support adults and older people in Portsmouth to live as independently as possible within their home environment by providing needs led assessment, intervention and support.

The objectives of the new service are to:

- Prevent admission to hospital or long term care from the community
- Facilitate timely discharge following hospital admission or admission to a community bed
- Provide rehabilitation and re-ablement to enable personal goals relating to independence and self care to be achieved
- Support the development of personal care and support plans that enable people to self manage their longer term health and social care needs
- Ensure that long term care and support is appropriate to need

To date there have been 282 referrals accepted into the new service from Social Care and Medical Practitioners from across Portsmouth.

### 3.3 Performance

March 2011 saw the end of the two year Putting People First reporting period. Local Authorities were asked to report on progress against the 5 milestones identified by the Department of Health. All five of the April 2011 deliverables were achieved by Portsmouth. These were:

**Milestone 1:** Effective partnerships with People using services, carers and other local citizens.

Deliverable - that every council area has at least one user-led organisation (ULO) who are directly contributing to the transformation to personal budgets.

*Portsmouth Disability Forum has been identified as the ULO for the city. During 2010/11 they have worked with other city wide agencies looking at the development of Portsmouth Independent Living Network (PILN) to provide timely and appropriate information to people within Portsmouth.*

**Milestone 2:** Self Directed Support and Personal Budgets

Deliverable - That at least 30% of eligible service users/carers have a personal budget.

*Portsmouth achieved over 42% of people eligible for community based services with a personal budget.*

**Milestone 3:** Prevention and cost effective services

Deliverable - That there is evidence that cashable savings and whole system benefits have been realised as a result of preventative strategies.

*The co-location of Rapid Response and Independent Living Services has produced a more streamline and efficient service for individuals and services. Although still in the early stages there has already been a significant reduction in duplication of work.*

**Milestone 4: Information and Advice**

Deliverable - That the public are informed about where they can go to get the best information and advice about their care and support needs.

*Since the Launch of the Universal Hub – SCiP (Social Care information Portsmouth) in November 2010 a total of 4892 people (unique users) have used the site.*

**Milestone 5: Local Commissioning**

Deliverable - That stakeholders are clear on the impact that purchasing by individuals, both publicly (personal budgets) and privately funded, will have on the procurement of councils and PCTs in such a way that will guarantee the right kind of supply of services to meet local care and support needs.

*There was no annual performance return required for adult social care this year, as the proposed 'Zero Based Review' of future adult social care data requirements will report in September, at which time we will know what performance and reporting will be required for 2011/12.*

**3.4 Development Projects**

Extra Care and Affordable Housing Project

The project has now completed the Competitive Dialogue (CD) process. Following withdrawal of Saxon Weald prior to submission of final tenders, Housing 21's (H21) tender was evaluated, assessed compliant and approval given to award Preferred Bidder (PB) status.

Actions remaining before a provisional contract can be awarded include completion of due diligence, final form of the legal agreements, settled designs for the three sites, completion of the properties enquiries (CPSE) information to H21's satisfaction and approval from Project Management Board and strategic directors.

Most of the legal documentation is in agreed form with just some minor drafting outstanding that should be resolved soon.

The Homes and Communities Agency (HCA) published timetable for grant award notification is for sign-off early in July and contracts signed by the end

of that month. The HCA have admitted this is a tight timetable, so it may be subject to slippage. H21 may be unofficially informed about the allocation by 1 July.

### **3.5 Restructuring of Adult Social Care**

Consultation on the restructuring of the Adult Social Care service to meet savings targets, whilst at the same time further developing personalised approaches to social care, commenced on the 24 January 2011, ending on the 24 April 2011. Initial briefings for all staff took place in the first two weeks, and two open sessions were held in March and April. Comments and ideas received were reviewed by the Management Team, and the new structure announced in May.

Employees whose present roles were deleted from the new structure have, or will be, offered suitable alternative posts within the service if available. Where this is not possible compulsory redundancy will be necessary.

At the outset of the consultation in January it was estimated that up to 85 posts would be at risk. However with a large number of people opting for voluntary redundancy and in posts which could be deleted, together with the planned closure of Alexandra Lodge and changes to catering services, this has meant that the number of full time equivalent posts at risk is nearer 5.

Tasks remaining include the consolidation of community teams into two bases at the Civic Offices and in Paulsgrove. In addition there is work to further integrate the rehabilitation and re-ablement service.

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Robert Watt  
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31 May 2011